

## The Easiest One-Panel Mittens

### Crochet Pattern

\*Original pattern designed and written by Karen Moniz of Crochet Crafty © 2022. Enjoy!



#### Materials

- Hook – 8.0 mm
- Yarn – Bulky weight 5  
(Bemat Softee Chunky Yarn was used in this photo)
- You can opt to use a few colours like I did or just use one solid colour.
- \* 100 - 150 grams approx
- Scissors
- Yarn needle

#### Stitch Legend

- Rw* – row
- st(s)* – stitch(es)
- ch(s)* – chains(s)
- sl st* – slip stitch
- SC* – single crochet
- BLO* - Back Loop Only
- \* - repeat

## Pattern

### Creating the Cuff

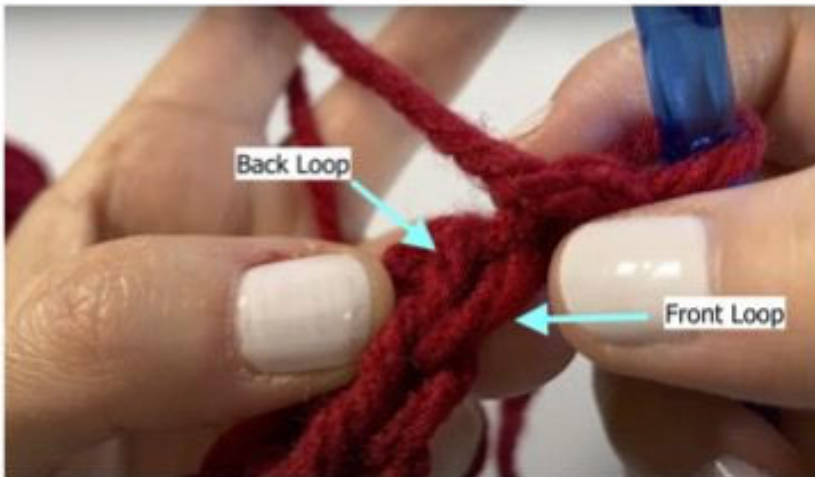
While leaving a slightly longer tail, begin with a slip knot on your hook and ch 6 to begin. If you'd like a wider cuff, feel free to chain 8 or 10. This cuff measured approximately 2 inches in width or 4 cm. This tail will be used to sew up your cuff later.

### Row – 1

- Into the 2nd ch from the hook, place 1 SC, then continue to place 1 SC into each chain until the end of the row
- ch 1 and turn (You will have **5 stitches** in total)

### Row - 2

- into the very first st, place 1 SC into the BLO, then you will place 1 SC into the BLO of each st to the end of the row. You will still end with 5 sts in total.



### Row - 3 -> 16

- repeat Row 2 (You may need more rows if you want a looser fit around your wrist.)



**Your Cuff is complete.**

## Building your mitten panel

You will turn your cuff on its side and get ready to work into the sides of your rows. See photo above. If you are using different colours, now is where you'd pick up your new colour and place a slip knot on your hook. Then sl st into the top of the very first row on your right and ch 1.

### Row - 1

- Place 1 SC back into the same spot you sl st into (the side of the very first row) and continue to place 1 SC into the side of each row until you get to the end of the cuff. Since there were 16 rows, you should have 16 sts in total.
- Ch 1 and turn



### Row - 2 → 4

\* repeat Row 1

### Row - 5 (creating more width for your thumb)

- Place 2 SC into the very first st (this is an increase), then continue placing 1 SC into each st across the row until you have one st left
- into the last st place 2 SC
- Ch 1 and turn

You will now have **18 sts in total**

### Row - 6

- place 1 SC into the first st and then into each st to the end of the row.

You will now always have 18 sts in every row.

\* If your hand is wider and needs another increase, feel free to add an increase to the beginning and end of Row 6 as well before continuing with 1 SC into ea st for subsequent rows.

## Row - 7 -> 20

\* Repeat Row 6

If you are going to change colours like I did, change colours after Row 10.

Once you reach Row 20, leave a long tail and snip your yarn. Fasten off. Your panel is complete.



\*Repeat Row 1 - 20 to create a second panel. You will then be ready to sew up the side of your mittens.

## Sewing up the side seam

Fold your panel in half. Snip a long tail, and begin to whip stitch the raw edges making sure to leave an opening for the thumb hole.





Once your side seam is sewn, use your long tail at the top of your mitt to weave in and out around the end. and then cinch the top shut. Knot it and weave in your end.



Once you have completed the previous step, turn your mitten right side out and you are now ready to crochet your thumb. Turn your work right side out for creating the thumb.

## Creating the Thumb



Count the number of rows on each side of your thumb hole. I have 5 rows on each side therefore I will have 10 sts to create all the way around. This is a guide as you may find you want to stitch 1 more or 1 less depending on how snug you like it to feel.

- Place a slip knot on your hook and then insert into one of the "ends" (top or bottom) of the opening.
- Ch 1 and place 1 SC back into the same spot where you sl st then continue to place 1 SC into the side of each row. You will have 10 sts in total. do not sl st to join your round.
- Continue to insert 1 SC into each stitch until you reach a length that will completely cover your thumb. This was 9 rows for my mitten.



- Leave a longer tail and snip your yarn. With this tail, weave your yarn in and out until you are able to cinch the top of your thumb. Your mitten is complete. Repeat this process for your second mitten.



**AND THEN YOU HAVE COMPLETED YOUR OWN PAIR OF EASY MITTENS!**

For the free companion video tutorial, click link below:

[https://youtu.be/yUTz\\_yUxHc0](https://youtu.be/yUTz_yUxHc0)



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please provide a link to our website

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Thank you.

**Crochet Crafty**  
*one stitch at a time*