



Hand Sizing Chart

<u>Hand Measurements</u>	Hand Size													
	Toddler (1-2yrs)		3-4 yrs		5-7yrs		9-12 yrs XS		9-12 yrs S		9-12yrs M		9-12yrs L	
	Inches	CM	Inches	cm	Inches	cm	Inches	cm	Inches	cm	Inches	cm	Inches	cm
Hand Circumference (at widest part)	4.75	12	5.25	13	5.8	14.5	6	15	6.5	16	6.75	17	7.25	18
Wrist Circumference	4.5	11.5	4.75	12	5.25	13	5.25	13	5.3	13.5	5.5	14	6	15
Hand Length	3.75	9.5	4.4	11	5	12.5	5.5	13.5	5.6	14	6	15	6.5	16

<u>Hand Measurements</u>	Women XS		Women S		Women M		Women L		Women XL	
	Inches	CM	Inches	cm	Inches	cm	Inches	cm	Inches	cm
Hand Circumference (at widest part)	6.75	17	7.25	18	7.5	19	8.25	20.5	8.5	21
Wrist Circumference	5.5	14	6	15	6.5	16	6.8	17	7.25	18
Hand Length	6.25	15.5	6.5	16	6.6	16.5	7.5	19	8	20

<u>Hand Measurements</u>	Men XS		Men S		Men M		Men L		Men XL	
	Inches	CM	Inches	cm	Inches	cm	Inches	cm	Inches	cm
Hand Circumference (at widest part)	7.5	19	8.5	21	8.75	22	10	25	10.75	27
Wrist Circumference	6.5	16	6.8	17	7.25	18	7.5	19	8	20
Hand Length	7.5	18.5	7.5	19	8	20	8.6	21.5	9.25	23

*Hand circumference is measured at the widest part around base of the four fingers. (This does not include the thumb).

**Hand length is measured from the tip of the tallest finger to base of palm, just before the wrist.

*Please keep in mind that these are average approximations and that there may be individuals who will vary from these averages. If possible, measuring the intended recipient is recommended to give a more accurate fit.

Inches have been rounded to the nearest quarter.